

# **RADIOLOGY REFERRAL FORM**



Appt. Date \_\_\_\_\_ Appt. Time PM Arrival Time \_\_\_\_\_ Location

(See back for office addresses)

PATIENT INFORMATION & LATERALITY	Patient Name: _	DOB:/ Gender: 🗖 M 👊 F Weight: Height: Age:
	Patient Phone #	:()
	Ordering Physic	ian: Signature: Date:
		ON FOR EXAMPS: (PLEASE INCLUDE LATERALITY, SPECIFIC SITE)
	Other medical of	onditions <i>relevant to this imaging study</i>
	Pre-Authorization	on number: Date range:
	Physician prefer	ence for results:  Routine  STAT Hold Patient Release Patient
		#: = Fax #:
PAT		Other:
THIS SECTION MUST BE FULLY COMPLETED FOR ACCURACY, OR AN MINI EMPLOYEE WILL NEED TO CONTACT YOU PRIOR TO YOUR PATIENT'S EXAM.		
PLEASE CALL FOR AN APPOINTMENT ON ALL EXAMS BELOW  MAMMOGRAM (3D TOMOSYNTHESIS)		
BREAST SCREENING BREAST DIAGNOSTIC		☐ SCREENING (WITH ADDITIONAL VIEWS AND/OR US IF NECESSARY) ☐ RAPID SCREENING BREAST MRI - DENSE BREASTS ONLY (WITH NO OTHER PROBLEMS)
		☐ DIAGNOSTIC (WITH ADDITIONAL VIEWS AND/OR US IF NECESSARY) ☐ PICK ONE ☐ BILATERAL / ☐ RT OR ☐ LT
		☐ CONTRAST ENHANCED SPECTRAL MAMMOGRAPHY (CESM) ☐ ULTRASOUND ☐ MRI-GUIDED BIOPSY ☐ MRI BREAST
		☐ ULTRASOUND BREAST BIOPSY ☐ STEREOTACTIC BREAST BIOPSY ☐ BREAST CYST ASPIRATION ☐ GALACTOGRAPHY
		LAB: BUN/CREATININE (FOR CONTRAST EXAMS ONLY) BRCA1 / BRCA2 GENE
	(RAY	X-RAY
FLUORO		FLUOROSCOPY ARTHROGRAPHY IVP
I	DEXA	BONE (DEXA) DENSITOMETRY   L-S SPINE / HIP   WRIST / FOREARM
		☐ KIDNEYS ONLY (INCLUDES BLADDER) ☐ LIVER ONLY ☐ GALLBLADER ONLY ☐ ABDOMEN COMPLETE ☐ PROSTATE ☐ SCROTUM
	US/ OPPLER	☐ HYSTEROSONOGRAPHY ☐ THYROID ☐ FETAL (WITH TRANSVAGINAL IF NECESSARY) ☐ PELVIS (WITH TRANSVAGINAL IF NECESSARY) ☐ PELVIC LIMITED (FOLLOW UP TO A PREVIOUS)
DC		☐ HERNIA (TYPE) ☐ US-GUIDED BIOPSY OF ☐ MSK ☐ OTHER ☐ OTHER ☐
		COLOR DOPPLER
		□ ABD AORTA ONLY □ LIVER □ RENAL ARTERIES □ CAROTIDS □ ARTERIAL UE / LE - RT / LT / BILAT □ VENOUS UE / LE - RT / LT / BILAT
	MRI	RADIOLOGIST WILL DETERMINE APPROPRIATE USE OF CONTRAST.   MRI MRV (VENOGRAPHY)
		□ MRI □ MRA (ANGIOGRAPHY)
		PATIENTS WITH PACEMAKER OR CARDIAC DEFIBRILLATOR (ICD) ARE NOT CANDIDATES FOR MRI EXAMS
	СТ	RADIOLOGIST WILL DETERMINE APPROPRIATE USE OF CONTRAST.   ARTHROGRAM   CALCIUM SCORING   FFR
		- CT CTA
P	PET/CT	☐ FDG SKULL TO MID-THIGH ☐ FDG WHOLE BODY ( MELANOMA / MULTIPLE MYELOMA ) ☐ FDG BRAIN METABOLISM ☐ RUBIDIUM MYOCARDIAL PERFUSION
		□ PSMA(PROSTATE CA) □ DOTATATE / NETSPOT (NEUROENDOCRINE CA) □ AMYVID (BRAIN DEMENTIA) □ CERIANA (BREAST CA)
		NUCLEAR BONE SCAN
	NUC	NUCLEAR THYROID I-123 UPTAKE WITH SCAN ITECHNETIUM SCAN ONLY I-131 HYPERTHYROID TREATMENT I-131 CA THERAPY I-131 SURVEILLANCE
		NUCLEAR RENOGRAM
		☐ CISTERNOGRAM ☐ LYMPHOSCINTIGRAPHY

#### DIRECTIONS

Please follow instructions below. Proper preparation is important for good examination and your personal comfort. Please bring this form, photo ID, medical insurance, and a completelist of all current medications with you at the time of your examination.

## CT SCAN - ABDOMEN AND/OR PELVIS

- If A.M. appointment: Drink half of the first bottle of Genus at bedtime, the night before the exam.
- If P.M. appointment: Drink half of the first bottle of Genus 6 hours before exam time.
- Drink remaining half 2 hours prior to exam time.
- · After drinking the second half, do not eat or drink anything else.
- · Take all medications except diabetic medicines containing Metformin.
- · Upon arrival, drink half of the second bottle of Genus. Please bring remaining portion into the exam room with you.

## **CT SCAN - HEAD OR CHEST**

- · Nothing to eat 3 hours prior to exam, but you can drink water up to the time of your appointment.
- May take all medications.

## **CT SCAN - SPINE OR EXTREMITIES**

No prep necessary.

#### PET/CT SCAN

- Do not consume any food or drink for approximately 6 hours before your scan including candy, gum, mints, soda pop, cough drops or tobacco products.
- Avoid strenuous activities and exercise 24 hours prior to your exam.
- RMI staff will contact you prior to your appointment with further instructions.

## MRI/MRA

- · Call us immediately if you have a pacemaker, defibrillator, aneurysm clips, or if you are pregnant, have a history of metal in your eyes, or have had brain, eye, ear, open heart surgery or internal stimulation devices.
- MRI ABDOMEN Nothing to eat or drink 4 hours prior. OR
- MRCP Nothing to eat or drink 6 hours prior.
- Our MRI scanner is specially designed to significantly decrease the problem of claustrophobia. Do not hesitate to discuss this issue with your doctor prior the examination.
- It is suggested that you wear sweat suits and that women wear sports bras or similar comfortable clothing.

# **UPPER GI/ SMALL BOWEL**

- · Nothing to eat or drink after 10 pm, including no gum or hard candies.
- · No breakfast on the day of the examination.

# **ULTRASOUND ABDOMEN: LIVER -GALLBLADDER-PANCREAS - AORTA**

 Nothing to eat or drink after 10 pm the night before your exam (including no gum or hard candies).

# ULTRASOUND PELVIS OR FETAL

- · Patient needs to come in with a full bladder.
- · Please drink 36 oz. of water and have it finished 1 hour prior to exam time.
- DO NOT URINATE ONCE YOU HAVE STARTED DRINKING, UNTIL AFTER YOUR EXAM.

# **UITRASOUND KIDNEY**

- · Nothing to eat 4 hours prior to exam.
- · Patient needs to come in with full bladder.
- Please drink 36 oz. of water and have it finished 1 hour prior to exam time.

# CHILD'S PREP FOR PELVIS AND/OR KIDNEY:

· Call for prep if patient is 15 years of age or under.

# **ULTRASOUND PROSTATE**

 Take Fleets Enema (found at your local pharmacy) 1 hour prior to exam.

# **THYROID UPTAKE & SCAN**

- · Withhold thyroid medication for 6 weeks (i.e. Synthroid, Levothyroid, Armour).
- If you have had a recent IV contrasted study in the past 6 weeks, please contact us 810-732-1919.

# **BARIUM ENEMA - COLON EXAM**

Follow the 48 hour prep instruction below unless otherwise instructed by your prescribing physician. The preparation is very important. An adequate clean-out allows for the best evaluation of your entire colon.

## Please purchase the following items:

- GATORADE (two 64 oz. bottles, NOT red, pink, or purple)
- LIQUIDS for the day before your Barium Enema (see list below)
- DULCOLAX 5mg tablets (four tablets)
- 2 MIRALAX Bottle 238 grams. You will take one bottle the evening before the procedure and the second bottle the day of the procedure, four hours before your scheduled exam time.

Medications listed above are laxatives, they are available for purchase over-the-counter.

## **2 DAYS PRIOR TO THE PROCEDURE**

#### Follow a low Residue diet which includes:

- · Boiled, baked, or broiled chicken, beef, fish, or pork
- · Sherbet, cake, or pie without seeds, nuts, raisins, or coconut
- · Well-cooked vegetables (potatoes and tomatoes without skins)
- · Canned or cooked fruit
- White bread, crackers
- Eggs

## 1 DAY PRIOR TO THE PROCEDURE

#### Follow a Clear Liquid Diet which includes:

Sodas (regular or diet), Gatorade or Powerade, Apple or Grape Juice, Iced Tea, Water, Black Coffee or Plain Tea (please limit quantity), and/ or clear soups (i.e. broth or bouillon)

#### Follow these instructions:

- 2:00 PM: Take 2 DULCOLAX tablets
- 5:00 PM: Mix one entire bottle of MIRALAX into 64 ounces of GATORADE
- Shake the solution until fully dissolved: Drink an 8 ounce glass every 10-15 minutes until the solution is gone.
- 7:00 PM: Take the last 2 DULCOLAX tablets
- · Nothing to eat or drink after midnight
- · You may take your regular medications with sips of water

# **DAY OF THE PROCEDURE**

- Clear liquids are allowed only to take essential medications: heart and blood pressure medications must be taken no later than 6:00 am on the day of the procedure.
- · Start drinking the second mixture of 238 grams Miralax + 64 ounces Gatorade; drink 8 ounces every 10-15 minutes until solution is gone.
- · If you take diabetic medications, you need to take a half dosage the day before your procedure and none the day of your procedure.
- · Nothing by mouth two hours prior to your procedure
- Your bowel movements must run light yellow with no particles. If it is not, please call us prior to your procedure.

# **IVP - INTRAVENOUS PYELOGRAM**

- Eat a light lunch. Only clear liquids for dinner.
- Drink a large glass of water at 2, 4, 8, and 11 pm the day prior to the examination.
- Drink one 10 oz. bottle of Magnesium Citrate (cold) at 7 pm (Found at your local pharmacy.)
- Nothing to eat or drink after midnight, including no gum or hard candies.
- Take all medications except diabetic meds containing metformin or glucophage.

# **HIDA/HEPATOBILIARY SCAN**

- Nothing to eat or drink 4 hours prior to exam, including no water, gum, or hard candies.
- Do not take any form of medication for 4 hours prior to exam.



















