

# CT CORONARY ANGIOGRAM

Appointment Date: \_\_\_\_\_ @ \_\_\_\_\_ AM/PM

Location: RMI  Lennon Rd  Royal Oak  Southgate

**FAILURE TO CALL AND COMPLY WITH THESE INSTRUCTIONS CAN RESULT IN TEST CANCELLATION.**

Call our office (810) 720-7575 ext. 1876 at least 48 hours prior to appointment for prep. We will be calling a medication into your pharmacy that you need to take for this test.

Here's what you need to prepare for this test:

1. Please allow 1-3 hours for this test.
2. **NO CAFFEINATED PRODUCTS FOR 24 HOURS PRIOR TO YOUR TEST.**
  - This includes, but is not limited to:
    - Coffee or tea: both regular and decaf
    - Pop (including those labeled caffeine free)
    - Chocolate
    - Energy drinks
3. Pain relievers that contain caffeine, such as Anacin or Excedrin.
4. No ED (Erectile Dysfunction) drugs 72 hours prior to test.
5. Nothing to eat or drink 3 hours prior to your test except for water.
6. Wear a loose fitting or short sleeved shirt that allows access to your arms for blood pressures and an IV.
7. Please bring a list of your current medications.
8. Please bring all requested paperwork with you to your appointment.
9. No tobacco products the day of your test.

LADIES: No underwire bras.

- Our ability to perform this study, and the quality of the study depend on a slow, steady heart rate. You will be asked to take some medicine the night before and the morning of your test to slow your heart.
- When you arrive, we will monitor your heart rate and blood pressure, and you may be given additional medicine to further slow down your rate to a level where the heart scan can be accurately performed. This preparation usually takes about an hour but may last longer.
- You may be given additional medication through the IV line if needed, under the direct supervision of a radiologist or NP.
- Once in the CT suite, you will lie on a table. ECG leads will be placed on your chest.
- You will be given contrast through an IV line. You may feel warm or flushed during the injection. You will be asked to hold your breath for 15 seconds during your scan.