

Patient Instructions for **STEREO BREAST BIOPSY**

Please contact our office if:

1. You are currently taking Coumadin, aspirin or other arthritic medications or anticoagulants (blood thinning agents).
2. You are allergic to local anesthetics (Lidocaine/Xylocaine).
3. You are, for any reason, unable to lie on your stomach for the duration of the procedure.
4. You have any medical condition that may interfere with the procedure.

On the day you are scheduled, do not eat or drink for two hours prior to the procedure. Wash the area with antibacterial soap the morning of the procedure. Wear a sports bra the day and evening of the procedure. When you arrive at our office, the procedure will be reviewed with you. Using a computer-assisted needle biopsy system, several tiny specimens of breast tissue are taken from the area in question. No sedation or general anesthesia is necessary. A local anesthetic is used at the biopsy site. The tissue is then sent to a pathologist for analysis. The results will be sent to your doctor usually within 4-5 days following the biopsy.

Upon completion of the procedure, you will have a small dressing over the biopsy site. You are asked not to perform any strenuous activity for the remainder of the day. Your normal activity may resume the next day. If you have any questions or problems with your appointment time, please contact our office.

Sincerely,
Regional Medical Imaging