

Canning 101

FLINT — Applewood hosts a learn to can seminar on Oct. 4 from 12–1 p.m. at the Applewood Estate, 1400 E. Kearsley Street. Join Ruth Mott Foundation staff members for a mini lesson in canning produce. We will talk about the basics of canning as a way to preserve vegetables and fruit for future consumption. Travel back in time with a list of what the Motts canned or froze utilizing Applewood’s bounty of produce. Guests will taste a dish prepared with canned produce as part of our Taste of Applewood program, and view many of the items that staff can each year. Details: www.facebook.com/events/362816764593775/ — **P.S.**

FOX 66 Health Expo 2019

FLINT TWP. — FOX 66/NBC 25 News and the Genesee Valley Center host the 2019 FOX 66 Health Expo on Oct. 12 from 10 a.m. – 2 p.m. at the Genesee Valley Center mall, 3341 S. Linden Road. This free event will offer a myriad of health screenings, demonstrations and resources aimed to empower the families of Flint and surrounding areas. Meet local businesses, doctors, specialists and more. Vendors who want to be part of the FOX66 Health Expo can call 810-785-8866 and ask for Andrea Guith. Details: Facebook.com/events/498629837566836/ — **P.S.**

Fall Cooking with Kids classes

FLINT — Classes will take place at the Flint Children’s Museum. Pre-registration is required for this free, hands-on program which teaches families to make healthy food choices while learning to cook fresh, affordable recipes from diverse cultural traditions. Upcoming sessions all classes 5:30 to 7 p.m.; Tuesdays Oct. 15 to Nov. 5, Nov. 12 to Dec. 3, and Thursdays Nov. 21 through Dec. 19. Register by phone at 810-232-2228 or visit www.surveymonkey.com/r/2019CWK — **P.S.**

Free breast cancer screenings

FLINT — Genesys Hurley Cancer Institute (GHCI) will conduct free breast cancer screenings Oct. 17 from 5-7 p.m. at GHCI, 302 Kensington Avenue. The screenings are open to anyone of any age and no appointment or pre-registration is necessary. Simply walk in and you will see a physician who will conduct the exam. If a follow-up digital mammogram is needed, it will be scheduled for you. For more information, call GHCI at 810-762-8226. — **P.S.**



ARTS & LIFESTYLES

C&L Ward to host 6th annual Stuff the Truck Charity Drive

Home improvement company partners with Carriage Town Ministries to give back

DAVISON — On Oct. 5, from 10 a.m. to 2 p.m., C&L Ward will host their annual Stuff the Truck Charity Drive for those most in need. And this year C&L Ward is holding a series of raffle drawings, offering more amazing prizes to the donors than ever.

Every five items donated earns the contributor one raffle ticket, for example, 25 items donated earns five tickets. From there, tickets are dropped into the receptacle that corresponds with the desired prize(s).

“We’ve got a big truck to fill in order to reach our ambitious goal,” said C&L Ward president Pat Ward, “but the communities we serve have always shown up for us in a big way and that’s

why this event and our partnership with Carriage Town Ministries is so important to us.”

Last year’s Stuff the Truck raised 3,027 pounds of non-perishable food items, winter outer wear and bedding. This year’s goal is 4,000 pounds.

Some of the prizes contributors stand to win include \$500 for Amazon.com, Detroit Lions tickets, Red Wings tickets, \$100 in Cabela’s gift cards, Cedar Point Halloween weekend tickets and more.

Early drop is underway at all C&L Ward Showrooms.

“We opened C&L Ward Chicagoland last year and this is our first time hosting an event at four locations simultaneously,” said Ward, “we truly could not

be more excited.”

C&L Ward’s Davison showroom is located at 9284 Lapeer Rd. approximately one-half mile west of M-15/ State Rd. — **G.G.**



Empty Pink Chair Project underway

GENESEE COUNTY — Skaff Furniture Carpet One is the title sponsor for the “Empty Pink Chair” project, an initiative started by Regional Medical Imaging (RMI).

The empty chair represents family and friends who have lost their battle with breast cancer. The goal of the project is to raise awareness about breast cancer, and the importance of an annual mammogram exam.

In addition to helping sponsor the effort, Skaff is spreading the word about the project to their customers. October is Breast Cancer Awareness month, and so the family owned business is supporting the ‘Empty Pink Chair’ campaign in a big way.

“The folks at RMI had the idea we could use our Big Chair as a larger than life symbol of the Empty Chair. So, we arranged to have it covered in pink for the month of October.” said Dick Skaff, president of the furniture and flooring company.

RMI, a medical imaging company, has arranged to place 100 Empty Chairs in businesses around the area to help get the message out about the importance of the mammogram test. The fundraiser will benefit local cancer patients and promote the need for annual mammograms.

Details: Visit www.skaff.com. — **G.G.**

St. Paul’s Episcopal Church to hold blessing of pets, Oct. 6

FLINT — All are invited to attend a pet friendly service 10 a.m. Oct. 6 at St. Paul’s Episcopal Church, 711 S. Saginaw St., downtown Flint.

All appropriately caged or leashed pets of any kind are welcome. A pet friendly coffee hour will follow the service.

“Pets are a very important part of the lives of their owners. I will be blessing each pet present and I will invite everyone to also remember pets that are no longer with us.” said Rev. Dan Scheid, Rector at St. Paul’s Episcopal Church

In addition to Pet

Blessing Sunday, donations for the Humane Society of Genesee County will be accepted at the church. Items such as; hydrogen peroxide, rubbing alcohol, dry puppy food, dry kitten food, blankets, bleach, detergent, and 30–60 gal. garbage bags are some of the wish list items which will be accepted.

Monetary donations will also be accepted.

A representative from the Humane Society will be present on Product to share information and answer questions about their work and about pet adoptions.

“We are thrilled to support the work of this valuable community non-profit,” said Rev. Dan Scheid.

Product held annually in conjunction with the feast day of St. Francis of Assisi recognized for his boundless love of animals and nature. This is one of the many ways the church seeks to serve the community and meet individuals where they are.

St Paul’s is committed to meeting the needs of its diverse church family and celebrating the richness of the city of Flint. — **G.G.**