

Patient Preparation for Ultrasound

Using sound waves to create images, ultrasound gives physicians a real-time, full-motion view of the inside of the body as it functions during an examination. You can think of ultrasound as being similar to a video camera. One advantage of ultrasound is that it creates detailed, motion images without radiation or electromagnetic energy, making it the preferred method of examining a fetus during pregnancy. It is also highly effective for viewing physiological processes, such as blood flow or the fetal heartbeat.

Please follow instructions below. Proper preparation is important for a good examination and your personal comfort. Please bring your referral form, photo ID, medical insurance, and a complete list of all current medications with you at the time of your examination.

MSK (Musculoskeletal) Ultrasound

- Wear comfortable, loose fitting clothes.

Ultrasound Pelvis or Fetal

- You will need to come in with full bladder.
- Please drink 36 oz. of water and have it finished 1 hour prior to exam time.
- Do not urinate once you have started drinking, until after your exam.

Ultrasound Abdomen: Liver, Gallbladder, Pancreas, Aorta

- Nothing to eat or drink after 10 pm the night before your exam (including no gum or hard candies)

Ultrasound Kidney

- Nothing to eat 4 hours prior to exam.
- You will need to come in with full bladder.
- Please drink 36 oz. of water and have it finished 1 hour prior to exam time.
- Do not urinate once you have started drinking, until after your exam.

Child's Prep For Pelvis And/Or Kidney Ultrasound:

- Nothing to eat 4 hours prior to exam.
- Double the age of the patient and have them drink that number of ounces of water 1 hour before their appointment and finish the water within 15 minutes.
- Do not urinate once you have started drinking, until after your exam.

Ultrasound Prostate

- Take Fleet Enema (found at your local pharmacy) 1 hour prior to exam.