## **Patient Preparation for Intravenous Pyelogram**

Please follow instructions below. Proper preparation is important for a good examination and your personal comfort. Please bring your referral form, photo ID, medical insurance, and a complete list of all current medications with you at the time of your examination.

## **IVP - Intravenous Pyelogram**

- Eat a light lunch. Only clear liquids for dinner.
- Drink a large glass of water at 2, 4, 8, and 11 P.M. the day prior to the examination.
- Drink one chilled 10 oz. bottle of Magnesium Citrate (found at your local pharmacy) at 7 p.m.
- Nothing to eat or drink after midnight. Including no water, gum, or hard candies.
- Take all medications except diabetic meds containing metformin or glucophage.

