SUPPORT GROUPS

WOMEN’S CANCER SUPPORT GROUP
Second Wednesday each month
10:00 - 11:30 a.m.
This Group is open to any woman who has been diagnosed with cancer. The meeting time is 10:00-11:30 a.m. The meeting this month will be on an art project.
Hospitality House, Library
3170 Beecher Road, Flint
For further information RSVP Gail Singer at (810) 342-4206.

YOUNG WOMEN COPING WITH CANCER (YWCC)
Fourth Wednesday most months
9:00 - 10:30 a.m.
This group is open to any women diagnosed with cancer prior to turning 50 years old.
Hospitality House, Library
3170 Beecher Road, Flint
To RSVP or for further information, please contact Gail Singer at (810) 342-4206.

US TOO PROSTATE CANCER SUPPORT GROUP
First Tuesday of each month
5:00 p.m.
Hospitality House
3170 Beecher Road, Flint
For further information visit ustoo.org or call (810) 342-4848.

STOP SMOKING WORKSHOP
First Monday of each month
3:00 - 4:30 p.m.
Karnasos Cancer Institute
4100 Beecher Road, Flint
RSVP to: (810) 342-5370.

MULTIPLE MYELOMA SUPPORT GROUP
Third Thursday of each month
Meetings held Sept. through June
6:30 - 8:00 p.m.
McLaren Hospitality House
Conference Center
3170 Beecher Road
Flint, MI 48532
For more information, please contact Starr & Carl Fittante at (810) 820-1592 or Flintsge@IMFSupport.org.
Website: flint.support.myeloma.org

LOOK GOOD... FEEL BETTER!
Third Thursday of each month
12:00 - 2:00 p.m.
Free makeup and skincare sessions for women who are undergoing treatment.
Karnasos Cancer Institute
4100 Beecher Road, Flint
To sign up, call American Cancer Society at (800) 227-2345.

NEW TOMORROWS GRIEF SUPPORT GROUP
Free ongoing grief education and support for anyone who has experienced the loss of a loved one. For information call (810) 496-8625.

ART THERAPY

SEPTEMBER 17, 2018 1 P.M. - 4 P.M.
Hospitality House
3170 Beecher Road, Flint
Please join Gail Singer in making a deck of cards and creating your own unique deck of Inspiration Cards.

SEPTEMBER 24, 2018 1 P.M. - 4 P.M.
Flint Institute of Arts
1120 E. Kearsley Street, Flint
Please join Gail Singer in creating a page for the Altered Book. This month we will work on the theme of HOME.

OCTOBER 8, 2018 1 P.M. - 4 P.M.
Flint Institute of Arts
1120 E. Kearsley Street, Flint
Please join Gail Singer in creating a talking or inspiration stick.

OCTOBER 15, 2018 1 P.M. - 4 P.M.
Hospitality House
3170 Beecher Road, Flint
Please join Gail Singer in making a deck of cards and creating your own unique deck of Inspiration Cards.

OCTOBER 17, 2018 1 P.M. - 3 P.M.
Hospitality House
3170 Beecher Road, Flint
Please join guest artist, Rebecca Andrus — an instructor from the Flint Institute of Arts — in creating your own unique Color Booklet, Part 1.

OCTOBER 22, 2018 1 P.M. - 4 P.M.
Flint Institute of Arts
1120 E. Kearsley Street, Flint
Please join Gail Singer in creating another (or new) page for your Altered Book. This month’s theme is Tags & Torn Pages.