SUPPORT GROUPS

WOMEN'S CANCER SUPPORT GROUP

Second Wednesday each month 10:00 - 11:30 a.m.

This Group is open to any woman who has been diagnosed with cancer. The meeting time is 10:00-11:30 a.m. The meeting this month we will work on an art project. Hospitality House, Library

3170 Beecher Road, Flint

For further information RSVP Gail Singer at (810) 342-4206.

YOUNG WOMEN COPING WITH CANCER (YWCC)

Fourth Wednesday most months 9:00 - 10:30 a.m.

This group is open to any women diagnosed with cancer prior to turning 50 years old.

Hospitality House, Library

3170 Beecher Road, Flint

To RSVP or for further information, please contact Gail Singer at (810) 342-4206.

US TOO PROSTATE CANCER SUPPORT GROUP

First Tuesday of each month NO MEETING IN SEPTEMBER 5:00 p.m. Hospitality House 3170 Beecher Road, Flint For further information visit ustoo.org or call (810) 342-4848.

STOP SMOKING WORKSHOP

First Monday of each month 3:00 - 4:30 p.m. Karmanos Cancer Institute 4100 Beecher Road, Flint RSVP to: (810) 342-5370.

NO MEETING IN

MULTIPLE MYELOMA SUPPORT GROUP

Third Thursday of each month Meetings held Sept. through June 6:30 - 8:00 p.m. McLaren Hospitality House Conference Center 3170 Beecher Road Flint. MI 48532

For more information, please contact Starr & Carl Fittante at (810) 820-1592 or

Flintsgl@IMFSupport.org.

Website: flint.support.myeloma.org

LOOK GOOD... FEEL BETTER!

Third Thursday of each month 12:00 - 2:00 p.m.

Free makeup and skincare sessions for women who are undergoing treatment.

Karmanos Cancer Institute

4100 Beecher Road, Flint

To sign up, call American Cancer Society at (800) 227-2345.

NEW TOMORROWS GRIEF SUPPORT GROUP

Free ongoing grief education and support for anyone who has experienced the loss of a loved one. For information call (810) 496-8625.



ART THERAPY



SEPTEMBER 17, 2018 1 P.M. - 4 P.M.

Hospitality House 3170 Beecher Road, Flint Please join Gail Singer in taking a deck of cards and creating your own unique deck of Inspiration Cards.



SEPTEMBER 24, 2018 1 P.M. - 4 P.M.

Flint Institute of Arts 1120 E. Kearsley Street, Flint Please join Gail Singer in creating a page for the Altered Book. This month we will work on the theme of HOME.



OCTOBER 8, 2018 1 P.M. - 4 P.M.

Flint Institute of Arts 1120 E. Kearsley Street, Flint Please join Gail Singer in creating a talking or inspiration stick.



OCTOBER 15, 2018 1 P.M. - 4 P.M.

Hospitality House 3170 Beecher Road, Flint Please join Gail Singer in taking a deck of cards and creating your own unique deck of Inspiration Cards.



OCTOBER 17, 2018 1 P.M. - 3 P.M.

Hospitality House 3170 Beecher Road, Flint Please join quest artist, Rebecca Andrus - an instructor from the Flint Institute of Arts - in creating your own unique Color Booklet, Part 1.



OCTOBER 22, 2018 1 P.M. - 4 P.M.

Flint Institute of Arts 1120 E. Kearsley Street, Flint Please join Gail Singer in creating another (or new) page for your Altered Book. This month's theme is Tags & Torn Pages.